fellowship
collaboration
partnership
company
diverse
join
support
bonding
trust
knowledge
partners
alliance
communication
affection
crowd
unite
agreement
link
successful
social
family
diversity
group
relationship
cooperation
participation
success

Here to help

If you have any questions about BPF membership, please contact our Central Office Team. If you would like someone to contact you, leave a message on our answering machine or email us. We will respond within two working days.

Join us today

0800 043 1935
info@britishpolio.org.uk
britishpolio.org.uk

British Polio Fellowship
CP House
Otterspool Way
Watford
WD25 8HR

Telephone lines open for member enquiries:
10:00am – 3:00pm Monday to Friday (excluding Bank Holidays)

British Polio Fellowship

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Registered as a charity in England and Wales: Charity No 1108335,
and in Scotland: Charity No SCO38863

British Polio Fellowship

DO YOU KNOW WHAT YOU NEED TO KNOW?

Fellowship, support and advice for anyone affected by polio

"There's a wealth of knowledge and experience from medical colleagues and members that you can tap into. You can ask a question and know the answers you get are high value and trustworthy."

Archie, Lanarkshire

Why join us?

Join thousands of people who are affected by polio in the UK. Whether you contracted polio or vaccine-derived polio, you have a relative or friend with symptoms caused by polio, or you are a carer, the British Polio Fellowship is the place to connect, share experiences and seek knowledge and support.

Member benefits

Information and advice guides on polio and late effects, factsheets on pain management, swallowing, exercise, anaesthesia, medication, bone health and more.

Activities and events local networks for coffee/lunch, trips out, rehabilitation exercise classes and national Indoor Games events.

Online discussions on respiratory problems, heart matters, orthotics, sleep issues, disability rights, legal matters.

Grants towards heating, mobility aids, holidays, and others.

News Quarterly magazine, monthly email, website, social media posts.

Advisory/Expert Panel with clinicians to answer questions about polio and how it affects other conditions.

Joining the British Polio Fellowship

Membership is open to everyone in England, Wales, Scotland, and Northern Ireland. It has members of all ages and from different ethnic groups. The Fellowship welcomes polio survivors with no or minor symptoms, to those with severe disabilities or Post-Polio Syndrome. Membership fees are voluntary, you can join for free or pay a contribution towards our running costs.

BPF members

- Connect with fellow polio survivors online and and in-person at events around the UK.
- Meet, chat and exchange experiences and ideas with other members at local branch 'get togethers'.
- Learn about your condition from the experts, what symptoms you may experience and how polio could affect it.
- Get your voice heard through our quarterly magazine and member survey.
- Boost your confidence in asking for treatment and care with the help of our guides, factsheets and Optimal Healthcare Pathway.*

"If you have an issue, you can pick up the phone. If you're not sure what direction to go in, there's someone who's been there, done that, tried something and had success – you can learn from that."

Linda, Leeds

*A framework for the delivery of consistent, safe and high-quality care for people with polio, the late effects of polio and Post-Polio Syndrome.

"I joined to support people who have had polio. It's important BPF has as many members as possible to attract the attention of the medical profession and have greater credibility when it needs to approach funders."

Sue, Newbury



John Adu's story

I contracted poliomyelitis (polio) aged 4 in Nigeria. This immediately left me with significant nerve damage along with long-term mobility and chronic pain problems.

The support I have received from the Fellowship since, along with surgery and yoga, has changed my life. I am now on a path towards managing my symptoms as I contemplate life with Post-Polio Syndrome, no longer ignoring or fearing them. I am grateful for the support I never knew I desperately needed.

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